

# Client Information Form

Date: \_\_\_\_\_

Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Referred By: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Stress Level: (1-10) \_\_\_\_\_ Are you pregnant? YES / NO / NOT SURE

General Energy Level: \_\_\_\_\_

Sleep Patterns: \_\_\_\_\_

Are you currently under medical supervision? \_\_\_\_\_

Condition: \_\_\_\_\_

Medications: \_\_\_\_\_

Other Medical History (Illness, surgery, accidents, Chronic conditions, Allergies)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Anything else you would like me to know (Life Event, Relationships -negative/positive, etc)

\_\_\_\_\_  
\_\_\_\_\_

Desired Outcome: \_\_\_\_\_